

Liturgical Date: Year C, Pentecost 11, Sunday, 24 August 2025

Presenter: Pastor Abbey Sim

Focus Reading Luke 13:10-17

Message. 6 minutes 26 seconds **"Rest in Jesus – What is the Sabbath?"**

Discussion Starters

1. Which person did you relate with most in the Bible story?
2. How do you think intentional rest could connect you better with God?
3. How does your church intentionally reach out to those different from you?
4. How might you encourage yourself & others to experience true rest in Christ?

Readings for this day

Jeremiah 1:4-10 Despite Jeremiah's resistance, God commissions him to be a prophet to the nations....."I am with you" promises the Lord.

Psalms 71:1-6 The Psalmist prays for refuge and protection.

Hebrews 12:18-29 The author reminds listeners that they have access to the living God.

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All Age Message: Pastor Abbey Sim "Rest in Jesus – What is the Sabbath"

Length 2 minutes 37 seconds

Precis of All Age Address

God's most important rule is always about loving each other- This what Jesus taught and what he demonstrated. Even though Jesus was "working" when he healed the woman on the Sabbath, his actions helped her to rest and assisted her to know she was beloved of God.

Pastor Abbey Sim

Is the 'Creative Arts Pastor' at Wesley Uniting Church Castle Hill.