

**Epiphany 5 Year A February 8th 2026**

**Presenter: David Barrow**

**Focus Reading: Exodus 1:8-22 (New Revised Standard version)**

**Message: 9 minutes 50 seconds**

**"The Midwives & Liberation on the Job"**

## **Discussion Starters**

1. What image or moment from today's story stayed with you?
2. When have you felt tension between policy and conscience?
3. How do we support faithfulness in ordinary work here?
4. How can Christian communities back those who take quiet risks?

## **Readings for this day**

**Micah 6:1-8** God challenges Israel and tells them of the requirements to do justice, love, kindness, and walk humbly with God.

**Psalm 15** An ethical requirement is revealed by the psalmist – those who walk blameless, do right, and speak truth abide in God's tent and holy hill.

**1 Corinthians 1:18-31** Paul reminds the church that no one should boast, except in God, for "it is because of God that you are in Christ Jesus" (v. 30)

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## **All Age Address:**

**"Sister's Secrets"**

**Length:** 1 minute 48 seconds

### **Precis of AAM**

This is a story about 'Liberation' delivered by Shiphrah and Puah, to all the Hebrew male babies they delivered. They recognise that Pharaoh's authority ends where God's begins, and so they quietly refuse to comply. This is fear as faithfulness. That is what faithfulness looked like that day for one Hebrew baby boy.

**Uniting in Worship (Blue Book). Psalm 15:** – pages 252 -253

### **David Barrow**

David loves the Uniting Church. When not traveling he worships at New Lambton Uniting, was an active member of Leichhardt Uniting and serves on the Board of Uniting NSW & ACT. David currently serves as Regional Director of AIF Pacific and coaches community organisers in broad-base alliances of faith, union, and community groups in Australia, Aotearoa-New Zealand and Cascadia region of North America. His work connects Scripture and everyday life, work, and public responsibility. David's whakapapa includes Scots, Welsh, English and Ngati Ruanui (Maori).